

Mandatory Disclosure Statement
Andrea Greenwall Shreve M.Ed. LPCC NCC

Andrea Greenwall Shreve, M.Ed., LPCC, NCC

Consonant Construct, LLC

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Education

Masters in Education and Human Resource Studies, Specialization in Counseling and Career Development, with an Emphasis in Community Counseling, from *Colorado State University*, 2009.

Continuing Education

IFS Therapy Level 1, *Center for Self Leadership*, Oak Park, IL 2010-2011
Regression Hypnotherapy, *RavenHeart Center*, Boulder, CO 2014
IFS and Addictions, *Cece Sykes, LCSW*, Michigan City, IN June 2015
Celebrating the Unburdened System, *Mariel Pastor, LCSW*, Nederland, CO August 2016
Who You Are Matters!, *Rich Feller, PhD LPC*, Fort Collins, CO May 2017
IFS Annual Conference, *Center for Self Leadership*, Oak Park, IL 2018

Certification

National Board for Certified Counselors (nbcc.org) National Certified Counselor #254475, 2009-2019.

Professional Associations

American Counseling Association
American Mental Health Counselors Association

Licensed Professional Counselor Candidate (LPCC)

I am currently practicing as a Licensed Professional Counselor Candidate in Colorado. As such, I am required to practice under the supervision of a Licensed Professional Counselor (LPC) or other licensed professional in the psychotherapy fields.

The practice of licensed or registered persons in the field of psychotherapy is regulated by the State of Colorado, Department of Regulatory Agencies, Division of Professions and Occupations, State Board of Licensed Professional Counselor Examiners.

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Supervision

I am supervised for private practice counseling by Colleen Sterry, LPC, Fort Collins, CO, (970)217-3488, and Faith Halverson-Ramos, LPC, Longmont, CO (303) 521-2791.

I am supervised for regression hypnotherapy by Dr. Linda Backman, *Licensed Psychologist, Raven-Heart Center*, Boulder, CO, (303)818-0575.

Client Rights (Excerpted from Colorado Mental Health Practice Act)

- A client is entitled to receive information about the methods of therapy, the techniques used, the duration of therapy, if known, and the fee structure;
- The client may seek a second opinion from another therapist or may terminate therapy at any time;
- In a professional relationship, sexual intimacy is never appropriate and should be reported to the board that licenses, registers, or certifies the licensee, registrant, or certificate holder;
- The information provided by the client during therapy sessions is legally confidential in the case of professional counselors, except as provided in section 12-43-218 [Colorado Revised Statutes] and except for certain legal exceptions that will be identified by the licensee, registrant, or certificate holder should any such situation arise during therapy.
- If the client is a child who is consenting to mental health services pursuant to section 27-65-103, C.R.S., disclosure shall be made to the child. If the client is a child whose parent or legal guardian is consenting to mental health services, disclosure shall be made to the parent or legal guardian.

Limits of Confidentiality

If you were to disclose information related to threats of harm to you or anyone else, or any current or past abuse including child or elder abuse or neglect, I am a mandated reporter and would have to make a report to the appropriate authorities.

If we meet out in the community...

If we were to meet out in the community accidentally, I will allow you to take the lead on whether you want to acknowledge our professional relationship or not. In other words, I will pretend to not know you unless you initiate. This is for your confidentiality's sake. Please do not take offense. Do what you are comfortable with, and if you choose not to acknowledge me, know I will take no offense.

Focus, Methods, Techniques, and Theoretical Foundations

- My general focus is on the psychological and psychospiritual growth of clients.
- For general counseling, I have been trained in many different methods of psychotherapy, and have chosen to focus on *IFS Therapy*, as outlined by Dr. Richard Schwartz, MFT, which is an effective, gentle, and deep manner of “going inside” one’s Self to discover what is the matter, and also to discover what can be done to alleviate the problem. I also have many other proverbial tools in my toolbox for specific situations. That being said, *IFS Therapy* is foundational to my work. For more information on it, please see selfleadership.org.

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- For psychospiritual therapy, I have chosen to focus on PLSR and BLSR Therapy, a form of regression hypnotherapy, in which a person remembers earlier times which are relevant to the resolution of current problems.

Fee

- Please see the sliding scale chart for your area.
- Sessions may range from 1 to 4 hours depending on the method chosen by counselor and client.
- Payment can be made via cash, check, various means of electronic transfer, credit, or debit card.
- Insurance is not currently accepted.

Cancellation Policy

Cancellation of an appointment for any purpose other than an emergency requires 24 hours notice. Without appropriate notice normal charges will apply.

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I, _____,
(signature of receiver)

(printed name of receiver)

do hereby acknowledge receipt of this disclosure statement.

Dated: _____

Client _____
Guardian _____